



YES CAMP 2025 SUMMER CAMPS

What to Bring to Camp!

Participants should bring nut free food for the journey, or money to buy food.
Dinner will not be offered on Sunday night, only a small snack.

Please Bring:

- Sleeping bag & pillow
- Hat, sunscreen and a reusable water bottle
- Pyjamas
- Toiletries: shampoo, toothbrush, toothpaste, deodorant, etc.
- Some warm clothes, sometimes it gets chilly
- Towel and swimsuit
- Runners and Sandals
- Nice clothes for the end-of-camp banquet
- Rain jacket
- A blank, 100% white cotton t-shirt for tie-dying, or \$10 to purchase one if you didn't already do so during registration.

Optional but useful items: flashlight, journal or notebook, camera*, musical instrument*, alarm clock/watch (since you won't have your phone), cash to purchase merchandise (hoodies, stickers, t-shirts), unscented hand sanitizer.

*Please note: bring valuable items such as instruments, cameras, etc., at your own risk. The YES cannot be held responsible for the loss or damage of these items.

Do Not Bring:

- Alcohol, non-prescribed drugs, or weapons. There is no tolerance for the possession of any of these items. Participants in possession of any of these will be sent home.
- Vaping devices will also not be permitted.
- Cellphones are permitted at camp but will be collected. The YES is a cellphone-free program. Participants will have access to a camp-provided phone should they need to contact home.
- Snacks with nuts. We commonly have severe nut allergies at camp, and we request that you bring no snacks with nuts or traces of nuts. There will be plenty of food provided during the week.

If you have any questions or require clarification, please don't hesitate to contact The YES at info@theyes.ca or call us at [604-960-1377](tel:604-960-1377).